

# Online Class 3/20/21: Winner Winner Chicken Dinner

## Shopping List

Lemon Rosemary Spatchcocked Roast Chicken

Easy Roasted Beets

Buttermilk-Brined Roasted Chicken

Beet Salad with Creamy Goat Cheese Dressing

✓	Type	Ingredient	Amount	Unit
	Dairy	Buttermilk, low-fat	2-3 ¼	cups
	Dairy	Goat Cheese (4 oz. log)	½	cup
	Dry	Apple Cider Vinegar	1	Tbsp
	Dry	Olive or Canola Oil	1 + 2	Tbsp + tsp
	Produce	Arugula, Spinach, or Mixed Greens (5.5 oz. bag)	6	cups
	Produce	Beets, whole (about 3-4 medium)	1	lb.
	Produce	Lemon	2	each
	Produce	Garlic Cloves	4	each
	Produce	Rosemary, fresh	3-4	sprigs
	Protein	Chicken, whole, giblets removed (about 3-5 lbs.)	2	each
	Spice	Black Pepper, ground	¼	tsp
	Spice	Cayenne Pepper	pinch	
	Spice	Dill, dried	1	tsp
	Spice	Garlic Powder or Granulated Garlic	½	tsp
	Spice	Kosher Salt	2	tsp