



Online Class 9/16/20: Tips & Techniques for Healthy Cooking – Equipment List

Qty	Equipment
Equipment for All Recipes	
1 each	Cutting Board
1 each	Chef Knife
1 set	Measuring Cups
1 set	Measuring Spoons
Various	Mise en Place Bowls (small bowls, cups, or mugs)
Cheeseburger Pasta	
1 each	Food Processor
1 each	Box Grater (if using block cheese)
1 each	Large Sauté Pan or Skillet
1 each	Spatula or Spoon
Ribbon Salad with Tahini Vinaigrette	
1 each	Blender
1 each	Peeler
1 each	Medium/Large Bowl
Bonus Technique: Homemade Chicken Stock	
1 each	Stockpot
1 each	Strainer (preferably fine mesh)
1 each	Ladle or Large Spoon
1 each	Large Bowl/Storage Container (or several smaller ones)