Hot Spinach & Artichoke Dip

This recipe is easy to throw together for a quick, crowd-pleasing appetizer! Using frozen spinach and canned artichokes makes for quick and easy prep for anytime the craving strikes.

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<th>YIELD</th>
<th>PREP TIME</th>
<th>TOTAL TIME</th>
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<td>16 SERVINGS</td>
<td>10 MIN</td>
<td>35 MIN</td>
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INGREDIENTS

- 10 oz Frozen Spinach, chopped
- 8 oz Light Cream Cheese
- 1 (14oz) can Chopped Artichoke Hearts, drained
- ¼ cup Greek Yogurt, nonfat
- ½ cup Parmesan, grated, divided
- ½ cup Mozzarella, part skim, shredded, divided
- ¼ tsp Kosher Salt
- ½ tsp Garlic Powder
- ½ tsp Crushed Red Pepper Flakes (optional)

DIRECTIONS

1. Gather all necessary equipment and ingredients. Preheat oven to 350°F. Spray a 9”x9” casserole pan or oven-safe baking dish (at least 1 quart capacity) with nonstick cooking spray and set aside.

2. In a microwave safe bowl, add the spinach, cover tightly and heat for 5-8 minutes until wilted. If necessary, drain any excess liquid.

3. In a medium sized microwave safe bowl, heat the cream cheese on high for one minute then stir. Continue heating in 30 second increments, stirring between, until cream cheese is smooth and pliable.

4. Add the cooked spinach, chopped artichokes, yogurt, ¼ cup parmesan, ¼ cup Mozzarella, salt, garlic powder, and crushed red pepper flakes (if using), to the softened cream cheese. Stir until thoroughly combined.

5. Transfer the mixture to the prepared baking dish and top with the remaining parmesan and mozzarella cheeses.

6. Bake for 10-15 minutes or until heated through and bubbly.

7. Increase the oven temperature to 400°F and cook for approximately 5 more minutes, or until the top is golden brown. Alternatively, place under the broiler.

CHEF’S NOTES

Serve with our Homemade Tortilla Chips, carrots or celery sticks for a delicious appetizer. You can also serve this inside a phyllo or puff pastry cup for a portable, portion-controlled snack for your holiday guests.

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