Caramelized Onions

This method produces onions with rich umami flavor that makes for a delicious condiment for burgers, eggs, or as a side dish with your favorite meals.

**YIELD** | **PREP TIME** | **TOTAL TIME**
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10 SERVINGS | 15 MIN | 45 MIN

**INGREDIENTS**

| 2 each | Onions, yellow or white, julienne (1/4" thick slices) |
| 1 Tbsp | Olive Oil |
| ¼ tsp | Kosher Salt |
| As needed | Water |

**DIRECTIONS**

1. Gather all necessary equipment and ingredients.
2. Heat a large heavy bottomed sauté pan over medium heat. Add the oil. Once the oil is hot, add the onions and stir to coat the onions in the oil. Spread the onions into an even layer in the pan and allow to soften and develop a light brown color, stirring only occasionally.
3. Reduce the heat to low and continue to slowly cook the onions, allowing them to lightly brown and water to release, about 10 minutes. Once the onions are softened and begin browning, add the salt. If needed, add a small amount of water to prevent the onions from getting too dry.
4. Cook uncovered, until the onions become deeply golden brown and very soft, stirring only occasionally, about 30 minutes.
5. Remove from the heat and serve immediately or allow to cool before storing.

**CHEF’S NOTES**

**PRO TIP:** The trick to properly caramelized onions is to keep the heat low and allow them to develop color and flavor slowly. There’s no need to add sugar or sweet ingredients if you give them a little time!

If salt is added too early, it will draw water out of the onions and prevent caramelization. Be sure to wait until the onions are softened.

Store leftovers in an air-tight container in the refrigerator for up to 1 week.
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